

### CBS Skating Club Regular Season Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:00-2:15 Gold group 2:15-3:20 Gold	4:00-4:20 Bronze group 4:20-5:25 Bronze	4:00-4:20 Bronze/Silver group 4:20-5:25 Bronze/Silver	4:00-4:15 Gold group 4:15-5:20 Gold	1:00-1:30 Pre Can	5:00-5:10 Bronze & pre bronze grp 5:10-6:10 Bronze & pre bronze free	8:35-9:05 Pre Can
3:20-3:50 FLOOD/ cleaning	5:25-5:55 FLOOD/ cleaning	5:25-5:55 FLOOD/ cleaning	5:20-5:50 FLOOD/ cleaning	4:00-4:20 Gold group 4:20-5:45 Gold	6:10-6:40 FLOOD/ Cleaning	9:05-9:35 FLOOD/ Cleaning
3:50-4:40 Pre-Bronze (CanSkate Stage 3-6)	5:55-7:20 Gold 7:20-7:50 Gold group	5:55-7:20 Silver/Gold 7:20-7:50 Silver/Gold grp	5:50-6:35 CanSkate (Stage 1-6)	5:45-6:15 FLOOD/ cleaning	6:40-7:40 Silver 7:40-7:50 Silver grp	9:35-10:05 Pre Can
4:40-5:10 FLOOD/ Cleaning			6:35-7:05 FLOOD/ cleaning	6:15-7:20 Bronze 7:20-7:30 Bronze grp.		10:05-10:35 FLOOD/ Cleaning
5:10-6:10 Bronze 6:10-6:20 Bronze group			7:05-8:05 Silver 8:05-8:20 Silver group	7:30-8:00 FLOOD/ cleaning		10:35-11:20 CanSkate (Stage 1-6)
6:20-6:50 FLOOD/ Cleaning				8:00-8:50 Adult synchro		11:20-11:50 FLOOD/ Cleaning
6:50-7:50 Silver 7:50-8:00 Silver group						11:50-12:50 Beginner Synchro
						12:50-1:20 FLOOD/ Cleaning
						1:20-2:20 Juvenile/ Pre Novice Synchro Skills
						2:20-2:50 FLOOD/ Cleaning

						2:50-3:50 Elementary/ Pre juvenile Synchro Skills
--	--	--	--	--	--	--

Session Eligibility:

- **Gold** – Passed Complete STAR 5 Freeskate test (Elements & Program),
- **Silver** – Passed Complete STAR 3 FreeSkate Test (Elements & Program).
  - **Bronze** – Working on STAR 1 - 3
- **Gold/Silver Sessions-** Skaters passed the complete STAR 4 Freeskate test
  - **Silver/Bronze Sessions-** Skaters working on STAR 1-3
    - **Pre Bronze** - Working on Canskate stages 4-6