



CONCEPTION BAY SOUTH SKATING CLUB

COVID QUESTIONNAIRE

The Covid-19 pandemic poses some unique challenges and our goal is to ensure the safety and health of everyone. Everyone has a role to play in reducing the spread of Covid-19.

By my signature(s) below, as part of my registration, I agree to adhere to the following guidelines:

All athletes and parents must not participate in skating program unless you are able to answer NO to each question at point of registration and every scheduled session thereafter

Do you - or anyone else in your family have:

Fever higher than 38°C in the past 2 days?

Current cold or flu symptoms in the past 2 days?

Any difficulty breathing in the past 2 days?

Stiff neck or headache with a fever in the past 2 days?

Vomiting or Diarrhea in the past 2 days?

Are you experiencing unusual levels of tiredness, lethargy, low energy?

Are you experiencing any other symptoms of illness?

Everyone has a role to play in reducing the spread of Covid-19

While the CBS Skating Club & third-party buildings, such as municipal or private facilities will have extra safety measures in place, it is up to everyone to protect their own health. It's an individual responsibility. I also agree to the following:

All CBS SC policies and procedures as well as extra safety procedures and expectations

Hand Hygiene: Wash your hands often with soap and water for at least 20 seconds. Use an alcohol based hand sanitizer in the absence of soap and water with at least 60 per cent alcohol.

Avoid touching your face

Respiratory Etiquette

Social Distancing

Avoid contact with people who are sick.

Stay at home if you are sick.

Skater's Name

Parent/Legal Guardian's signature

Date Signed