
**Avalon Region SCNL
2019 Off-Season School**

“QUALITY TRAINING AT HOME!”



2019 Spring School

April 28, 2019 - June 8, 2019

Test Day - June 9, 2019

2019 Fall School

August 31, 2019 - September 27, 2019

Test Day - Sept 28 & 29, 2019

Mount Pearl Glacier - Arena # 2

Mount Pearl, NL

Avalon Region SCNL

Sanctioned By



GENERAL INFORMATION

1. Applications will not be accepted after **March 31, 2019**
2. Incomplete/Late applications will not be considered.
3. Payment **MUST** be submitted with all applications.
 - **Full payment amount** and postdated for April 12, 2019 is to be included with Spring applications.
 - Registration for Fall School will be announced at a later date.
4. Payment can be made by:
 - **Cheque made payable to Avalon Region SCNL**
 - **Money Order payable to Avalon Region SCNL**
 - **E-transfer to: avalontreasurer@gmail.com**

Please ensure that Skaters First & Last Name is written on the memo line of the cheque/money order.

REFUNDS

Requests for refunds must be directed to the following:

- Avalon Region Director: avalonregionskating@hotmail.com
- Avalon Region Treasurer: avalontreasurer@gmail.com

Absolutely No refunds will be issued for Spring Sessions after **April 20, 2019** (with the exception of medical reasons and providing a doctors note).

All refunds are subject to an administration fee of 50% of fees paid or \$50, whichever is less.

Any other enquiries you may have can be directed to Kevin Walsh: kevindwalsh1988@yahoo.ca

Mail/Hand Deliver Applications to:

Avalon Region SCNL
c/o 64 Birmingham St.
St. John's, NL
A1E 5M9

Skater Classifications

Pre-Junior

Stages 4, 5, 6 and Star 1

Junior

Stage 6 or competing Star 1-5

Intermediate

Must have passed Junior Bronze or Star 4 free skate test or Senior Bronze freeskate test

Senior

Must have passed complete Junior Silver free skate test

Borderline Students

After registration, a coach may request to move either up or down. If necessary and if space is available, half tests will be considered next.

Please contact Kevin Walsh with any of your requests.

(Skaters may be moved to accommodate spaces on sessions not full after start of spring school)

All skaters must arrange lessons with a coach of their choice and Coaches must sign skaters applications

Notes

All tests must have complete Freeskate test. Skaters with half test levels will be considered by the Administration committee.

Skaters applying to move up must register first in their proper skating level session and apply to move up with a letter of request.

Juniors and Intermediates can sign up for additional Freeskates upon availability.

Number of sessions a skater can sign-up for may be limited if registration numbers are high.

Avalon Region SCNL Spring Schedule

Pre - Jr=Pre - Junior	Jr = Junior	Int = Intermediate	SR = Senior
CanSkate Stages 4, 5 & 6	CanSkate Stage 6 or Star 1 to 5	Junior Bronze and Senior Bronze	Junior Silver Freeskate

Please see 'NOTES' on page of the application

Monday	Session	Tuesday	Session	Wednesday	Session	Thursday	Session
4:00-4:20	Jr Skills/Dance	4:00-4:15	Int Skills	4:00-4:15	Jr Skills	4:00-4:15	Int Skills
4:20-5:05	Jr Freeskate #1	4:15-5:15	Int Free	4:15-5:15	Jr Freeskate	4:15-5:10	Int Freeskate
5:05-5:20	Jr Stroking <i>(combined)</i>	5:15-5:30	Int Dance	5:15-5:30	Jr Dance	5:10-5:25	Int Dance
5:20-5:30	FLOOD	5:30-5:45	Int Stroking	5:30-5:40	FLOOD	5:25-5:40	Int Stroking
5:30-6:15	Jr Freeskate #2	5:45-5:55	FLOOD	5:40-5:50	Pre-Junior Stroking	5:40-5:50	FLOOD
6:15-6:35	Jr Skills/Dance	5:55-6:40	CanSkate	5:50-6:40	Pre-Junior Freeskate	5:50-6:45	Sr. Freeskate #1
6:35-6:45	FLOOD	6:40-6:50	FLOOD	6:40-6:50	FLOOD	6:45-7:15	Sr. Dance/Skills
6:45-7:45	Sr Freeskate	6:50-7:50	Sr Freeskate	6:50-7:05	Int Skills	7:15-7:25	FLOOD
7:45-8:15	Sr Skills/Dance	7:50-8:20	Sr Dance/Skills	7:05-8:05	Int Freeskate	7:25-8:20	Sr. Freeskate #2
8:15-8:30	Sr Stroking			8:05-8:20	Int Dance		

Friday	Session	Saturday	Session	Sunday	Session
4:00-5:05	Sr Freeskate	8:30-9:25	Sr Freeskate #1	8:30-9:25	Pair/Dance/Open
5:05-5:35	Sr Dance/Skills	9:25-9:55	Sr Skills/Dance	9:25-10:115	Sr Freeskate #1
5:35-5:55	Sr Stroking	9:55-10:10	Sr Stroking	10:15-10:45	Sr Dance/Skills
5:55-6:05	FLOOD	10:10-10:20	FLOOD	10:45-10:55	FLOOD
6:05-6:20	Jr Skills	10:20-11:15	Sr Freeskate #2	10:55-11:10	Sr. Stroking
6:20-7:20	Jr Freeskate	11:15-12:00	CanSkate	11:10-12:00	Sr Freeskate #2
7:20-7:35	Jr Dance	12:00-12:10	FLOOD	12:00-12:10	FLOOD
7:35-7:50	Jr Stroking	12:10-12:25	Int Skills	12:10-12:55	Int Freeskate #1
		12:25-1:20	Int Freeskate	12:55-1:15	Int Dance/Skills
		1:20-1:35	Int Dance	1:15-1:30	Int Stroking <i>(combined)</i>
		1:35-1:50	Int Stroking	1:30-1:40	FLOOD
		1:50-2:00	FLOOD	1:40-2:25	Int Freeskate #2
		2:00-2:15	Jr Skills	2:25-2:45	Int Dance/Skills
		2:15-3:15	Jr Freeskate	2:45-2:55	FLOOD
		3:15-3:30	Jr Dance	2:55-3:15	Jr Skills/Dance
		3:30-3:45	Jr Stroking	3:15-4:00	Jr Freeskate
		3:45-3:55	FLOOD	4:00-4:10	Jr Stroking <i>(combined)</i>
		3:55-4:05	Pre-Jr Stroking	4:10-4:20	FLOOD
		4:05-4:55	Pre-Jr Freeskate	4:20-5:05	Jr Freeskate #2
		4:55-5:05	FLOOD	5:05-5:25	Jr Skills/Dance #2
		5:05-5:20	Jr/Inter Skills	5:25-5:45	FLOOD
		5:20-6:20	Jr/Inter Freeskate	5:45-5:55	Pre-Junior Stroking
		6:20-6:35	Jr/InterDance	5:55-6:45	Pre-Junior Freeskate
		6:35-6:50	Jr/Inter Stroking		

2019 SPRING SCHOOL

Please ensure to complete ALL information on this application form

NAME:	HOME CLUB
MAILING ADDRESS:	PHONE #:
	DATE OF BIRTH: month/day/year
E-mail:	MCP #
COACH: COACH SIGNATURE	SKATER'S SKATE CANADA #

HIGHEST TEST PASSED: Please fill in test info

FREESKATE	DANCE	SKILLS
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Junior, Intermediate & Senior

# Days/Week	COST	TOTAL
1	195.00	
2	265.00	
3	335.00	
4	405.00	
5	475.00	
6	545.00	

Pre-Junior

# Sessions/Week	COST	TOTAL
1	60.00	
2	100.00	
3	120.00	

Dance & Skills Only

2 days per week	135.00	
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Extra Free - Senior Only on regular skating days

# ____ x	45.00	
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Total _____

Open Ice

135.00	
<i>Dance Teams</i>	270.00

PLEASE INDICATE SKATER CLASSIFICATION AND SESSIONS

Open Ice & Dance Teams	Sunday
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Pre-Junior	Sunday	Wednesday	Saturday
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Junior	Sunday #1	Sunday #2	Monday #1	Monday #2	Wednesday	Friday	Saturday
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Intermediate	Sunday #1	Sunday #2	Tuesday	Wednesday	Thursday	Saturday #1	Saturday #2
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Senior	Sunday #1	Sunday #2	Monday #1	Monday #2	Tuesday	Thursday #1	Thursday #2	Friday	Saturday #1	Saturday #2
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Skater's Signature: (if over 18 yrs.) _____

Parent's Signature (if skater under 18 yrs.): _____ Date: _____

Note: Applications should be considered accepted unless we notify you that the session is full. Be sure all information above has been filled in. Avalon Region skaters, skating 3 or more days per week will be considered first.

TEST PERMISSION

The skater named in this application being _____ is a member in good standing of the _____ Skating Club and is hereby granted permission to try tests while attending sessions of the Avalon Region Off-Season Schools.

Signature: _____ Position: _____



RELEASE

In consideration of its benefits awarded to us by acceptance of this application, the undersigned agrees to save and hold blameless the Avalon Region School, its professional coaches and officers, for any claims and injuries sustained while attending the school or during its sessions or for loss of property. The undersigned agrees to abide by all rules of the school and of Skate Canada as set forth in the rule book of that association and will be responsible and pay promptly for all lessons and sessions booked for the skater in this application.

Skater's Signature: _____

Parent/Guardian (if skater is under 18 yr.): _____

Date: _____

The Avalon Region reserves the right to refuse any application due to lack of payment to a Skate Canada registered club or coach by the applicant.

Coaches

All certified and paid coaches welcome.

All coaches required to sign skater's applications.

All coaches please notify Kevin Walsh of dance tests and lessons required.

This is dance partnering and not a lesson on the dance.

All tests must be ready when dance partner arrives.

Skaters

Please check with your coach for booking times and lessons.

All money for a guest dance partner must be paid by cash, cheque, or money order before a test is tried.

Please make cheques/money orders payable to: *Avalon Region SCNL*.

E-transfer avalontreasurer@gmail.com

All enquires may be directed to the Technical Director, Kevin Walsh:
747-8449 or preferably kevindwalsh1988@yahoo.ca